

## Tutor PSHE Curriculum 2023-2024 – Year 7

Tutor - Term 1 - RSE		Additional
1 – What are Skills? 2 – What is a Career? 3 – What is Unifrog? 4 – Careers Treasure Hunt 5 – Interests and Skills 6 – What is your Dream Job? 7 – Reflection on careers	1 – What is RSE? 2 – Bullying or Banter? 3 – Cyber Bullying 4 – Attractions and Crushes	The Cotswold Award Launch  School Beat - Grooming

Tutor - Term 2 - RSE		Additional
1 – A Balanced Diet 2 – Food Groups 3 – Energy Drinks 4 – Dental Hygiene 5 – Managing Stress 6 – Staying Safe 7 – Assessment 1	1 – Healthy Friendships 2 – Families and Relationships 3 – Assessment 1	

Tutor - Term 3 -RSE		Additional
1 – Citizenship 2 – Justice or Injustice? 3 – Having your Voice 4 – What is democracy? 5 - British Government	1 – Your Online Life 2 – Keeping Safe 3 – Introduction to Consent 1	School Beat - Drugs

Tutor - Term 4 - RSE		Additional
1 – Overcoming Obstacles 2 – Cyber Bullying 3 – Digital Footprint 4 – Fair & Equal Opps for Health 5 – Assessment 2	1 – Introduction to Consent 2 2 – Assessment 2	National Careers Week

Tutor - Term 5 - RSE		Additional
1 – Random Acts of Kindness 2 – Vaping 3 – The Cotswold Award 4 – The Equality Act 5 – Protected Characteristics 6 – UNICEF 7 - Assessment	1 – Emotional Puberty 2 – Physical Puberty 3 – Periods 4 – Human Reproduction	School Beat – Bullying – Hate Crimes

Tutor - Term 6 - RSE		Additional
1 – Green Careers 2 – Careers and the Natural Environment 3 – Career, Community and Society 1 4 – Career, Community and Society 2 5 – Career, Technology and Science 1 6 - Career, Technology and Science 2	1 – Reproduction, Puberty & Periods 2 – Assessment 3 3 – Respectful Language	Enrichment Week – Enterprise Day

## Tutor PSHE Curriculum 2023-2024 – Year 8

Tutor - Term 1 - RSE		
<ul style="list-style-type: none"> <li>1 – Smoking</li> <li>2 – Vaping</li> <li>3 – Alcohol</li> <li>4 – Peer Pressure</li> <li>5 – Domestic Conflict</li> <li>6 – School Stress</li> <li>7 – Assessment 1</li> </ul>	<ul style="list-style-type: none"> <li>1 – What is RSE?</li> <li>2 – Online Safety 1</li> <li>3 – Online Safety 2</li> <li>4 – Peer Pressure</li> </ul>	School Beat - Sexting

Tutor - Term 2 - RSE		
<ul style="list-style-type: none"> <li>1 – Career Terminology</li> <li>2 – Careers Treasure Hunt</li> <li>3 – Being a Great Communicator</li> <li>4 – What does Success mean to you?</li> <li>5 – Activities and Competencies</li> <li>6 – The Value of Leadership</li> <li>7 - Reflection</li> </ul>	<ul style="list-style-type: none"> <li>1 – Sexism and Misogyny</li> <li>2 – Supportive Relationships</li> <li>3 – Assessment 1</li> </ul>	

Tutor - Term 3 - RSE		
<ul style="list-style-type: none"> <li>1 – Everyday Sexism</li> <li>2 – Stereotyping</li> <li>3 – Prejudice</li> <li>4 – Body Image</li> <li>5 – Assessment 1</li> </ul>	<ul style="list-style-type: none"> <li>1 – Consent</li> <li>2 – Contraception</li> <li>3 – Sexually Transmitted Diseases</li> </ul>	School Beat – Exploitation  Calling it Out (Sexism & Misogyny)

Tutor - Term 4 - RSE		
<ul style="list-style-type: none"> <li>1 – Career, Technology and Science</li> <li>2 – Learning from Setbacks and Challenges</li> <li>3 – Careers Assembly - Speaker</li> <li>4 – Careers of the Future</li> <li>5 – Looking Forward to the Future</li> </ul>	<ul style="list-style-type: none"> <li>1 – Pornography</li> <li>2 – Assessment 2</li> </ul>	National Careers Week  Breaking the Chain (Knife Crime and Serious Violence)

Tutor - Term 5 - RSE		
<ul style="list-style-type: none"> <li>1 – Gangs 1</li> <li>2 – Gangs 2</li> <li>3 – Extremism</li> <li>4 – Sleep</li> <li>5 – Boys and Body Image</li> <li>6 - Assessment 2</li> </ul>	<ul style="list-style-type: none"> <li>1 – Sharing Nudes</li> <li>2 – Body Image</li> <li>3 – Sexuality</li> <li>4 – Female Genital Mutilation</li> </ul>	

Tutor - Term 6 - RSE		
<ul style="list-style-type: none"> <li>1 – New York Enterprise</li> <li>2 – New York Enterprise</li> <li>3 – New York Enterprise</li> <li>4 – New York Enterprise</li> <li>5 – New York Enterprise - Presentations</li> </ul>	<ul style="list-style-type: none"> <li>1 – Breast Ironing</li> <li>2 – Assessment 3</li> <li>3 -</li> </ul>	

## Tutor PSHE Curriculum 2023-2024 – Year 9

Tutor - Term 1 - RSE		
1 – Mental Health 1 2 – Mental Health 2 3 – Cannabis 1 4 – Cannabis 2 5 – What is self-harm? 6 – Emotional Awareness 7 – Assessment 1	1 – Relationships and Legalities 2 – Consent 3 – Exposed (Online Safety) 4 – Public Sexual Harassment	Chelsea’s Story  School Beat – Domestic Violence

Tutor - Term 2 - RSE		
1 – Prescription Drugs 1 2 – Prescription Drugs 2 3 – Jobs and Social Media 4 – Stereotypes at Work 1 5 – Stereotypes at Work 2 6 – Tolerance 7 - Disability	1 – Grooming 2 – Child Sexual Exploitation 3 – Assessment 1	

Tutor - Term 3 - RSE		
1 – Careers Treasure Hunt 2 – Trends - Local National Labour Markets 3 – Work Life Balance 4 – Imagination and Flexibility 5 –Apprenticeship Assembly	1 - Eating Disorders 2 – Self-Harm 3 –Healthy Coping Strategies	National Assembly Week  School Beat - County Lines

Tutor - Term 4 – RSE		
1 – 2 – CITIZENSHIP 3 – 4 – 5 –	1 – Contraception and STI’s 2 – Assessment 2	

Tutor - Term 5 – RSE		
1 – Career, Politics and the Economy 1 2 – Career, Politics and the Economy 2 3 – Stereotypes and Injustice at Work 1 4 – Stereotypes and Injustice at Work 2 5 – Rights and Responsibilities at Work 6 – Entrepreneurialism - Self Employment 7 – Reflection on Careers	1 – Pressure to have underage sex 2 – Harmful sexual relationships & DV 3 – Extremism 4 – Preventing Radicalisation	School Beat – Knife Crime

Tutor - Term 6 - RSE		
1 – Health and Happiness 2 – 3 – 4 – 5 –	1 – UNICEF 2 – Assessment 3 3 – Pornography – A Debate	

## Tutor PSHE Curriculum 2023-2024 – Year 10

Tutor - Term 1 - RSE		
<ul style="list-style-type: none"> <li>1 – Careers Treasure Hunt</li> <li>2 – Work Experience – Possible Placement</li> <li>3 – Work Ex – Emails and Letters</li> <li>4 – Work Ex – Writing a CV</li> <li>5 – Work Ex – Application Forms</li> <li>6 – Online Profiles</li> <li>7 – Careers Fair Preparation 1</li> </ul>	<ul style="list-style-type: none"> <li>1 – Stalking and Harassment 1</li> <li>2 – Stalking and Harassment 2</li> <li>3 – Pornography &amp; Teen Relationships</li> <li>4 – FGM &amp; Breast Ironing</li> </ul>	
Tutor - Term 2 - RSE		
<ul style="list-style-type: none"> <li>1 – First Aid 1</li> <li>2 – First Aid 2</li> <li>3 – First Aid 3</li> <li>4 – Drugs 1</li> <li>5 – Drugs 2</li> <li>6 – Knife Crime</li> <li>7 – Assessment 1</li> </ul>	<ul style="list-style-type: none"> <li>1 – CCE – Hidden Girls</li> <li>2 – CSE - Sextortion</li> <li>3 – Contraception and Consent</li> </ul>	
Tutor - Term 3 - RSE		
<ul style="list-style-type: none"> <li>1 – Managing Debt</li> <li>2 – Money and Work</li> <li>3 – Financial Risk</li> <li>4 – The Future of Money</li> <li>5 – Money Quiz and Assessment</li> </ul>	<ul style="list-style-type: none"> <li>1 – Pregnancy and Termination</li> <li>2 – Assessment 1</li> </ul>	
Tutor - Term 4 - RSE		
<ul style="list-style-type: none"> <li>1 – Careers Fair Preparation</li> <li>2 – NEC – What Career Live</li> <li>3 – National Careers Week</li> <li>4 – Heritage, Identity, Values and Rights</li> <li>5 – Money, Finances and Impact</li> </ul>		<ul style="list-style-type: none"> <li>Careers Fair at the NEC</li> <li>National Careers Week</li> </ul>
Tutor - Term 5 - RSE		
<ul style="list-style-type: none"> <li>1 – County Lines - Nicole</li> <li>2 – LGBTQ Experiences - Josh</li> <li>3 –</li> <li>4 –</li> <li>5 – Vaping 1</li> <li>6 – Vaping 2</li> <li>7 –</li> </ul>		
Tutor - Term 6 - RSE		
<ul style="list-style-type: none"> <li>1 – Alcohol and Teens</li> <li>2 – Alcohol and Teenage Brains</li> <li>3 – Binge Drinking &amp; understanding Units</li> <li>4 –</li> <li>5 –</li> </ul>		<ul style="list-style-type: none"> <li>Sustainable Futures Certificate</li> </ul>

## Tutor PSHE Curriculum 2023-2024 – Year 11

Tutor - Term 1 - RSE		
1 – First Aid 1 2 – First Aid 2 3 – Defibrillators 4 – Screen Time 5 – Drugs 6 – Sleep 7 – Assessment 1	RSE Morning 1 CEOP “Exploited” (JC) Alcohol and Drugs (CJ)	

Tutor - Term 2 - RSE		
1 – British Values - Rights 2 – British Values - Politics 3 – British Values - Migration 4 – Assessment 2 5 – Year 11 Interview Preparation 6 – Year 11 Mock Exams 7 - Year 11 Mock Exams		

Tutor - Term 3 - RSE		
1 – CJ 2 – CJ 3 – CJ 4 – Preparation for Practise Interviews 5 – Assembly - Apprenticeship Week	RSE Morning 2 Stalking and Harassment – Hollie Gazzard Trust	National Apprenticeship Week

Tutor - Term 4 - RSE		
1 – Preparation for Careers Fair (NEC) 2 – Careers Fair – What University Live 3 – Reflection on Careers Fair 4 – CJ 5 – CJ		National Careers Fair (NEC)

Tutor - Term 5 - RSE		
1 – Consent and Pressure 2 – Pornography 3 – Pregnancy 4 – Termination 5 – Testicular Cancer 6 – Positivity 7 -		

